

Deciphering the Information Asked

- Section 1 Demographics
- Section 2 SAST, which determines sexual addiction. A score of 6 out of the core 20 indicates the presence of a sexual addiction.
- Section 3 Sexual Anorexia – diagnostic criteria which looks for binging and purging
- Section 4 Collateral Indicators – these help the therapist to diagnose sexual addiction
- Section 5 SDI Survey begins here, with questions about sexual thoughts, feelings, behaviors, and fantasies.
- Section 6 Examines the possibility of the existence of other addictions
- Section 7 Begins the consequences scales:
 - Affective
 - Physical
 - Spiritual
 - Family and friends
 - Financial and business
 - Legal
 - Preoccupation or loss of control
- Section 8 Financial cost worksheet, which asks how much addiction has cost, both directly and indirectly
- Section 9 Readiness for Change: determines what stage addict is in at the point the survey was completed, as well as motivation to recover.