

The Re-Constellation of the Sexual Dependency Inventory: A Quick Guide for the Beta Test series.

We recently passed a threshold of SDIs to run a new factor analysis. Because of the numbers of new questions, and the large number of clinical patients, our results were quite rewarding. Additionally, increasing internet use has redefined some behavior patterns. Behaviorally, six of the factors remain the same with better focus. As you will remember, Object Sex was part of the original eleven types, but with further analysis we merged it with Pain Exchange. Object Sex has now returned to the mix as a very well-defined and separate scale. Three factors morphed into more succinct, comprehensive scales, plus three new scales emerged. The result we believe will be much better focus and less confusion. The new masturbation scale helped to clean up some of the ways patients would get confused.

Another major change occurred. As you know, we compute power and frequency to calculate the types. For a variety of reasons, we decided to do a separate factor analysis of the power scales. We had seen data on personality instruments as they related to the fantasy typology, and realized that the power scales could generate different information about the obsessions of sex addicts. We were more than surprised and pleased with the results. The most important realization is that patients will obsess about specific behaviors but will manifest behaviors that are different or even seem unrelated. Many of us have discussed that clinically, but by separating the scales we are documenting what we knew to be true. This is a major departure which will be opening a whole new level of understanding about sex addiction. We have named these Clinical Scales as opposed to the Behavioral Scales of the typologies.

Among those Clinical Scales, a very clear eroticized rage scale appeared. On the basis of its size and strength a further factor analysis was conducted, yielding four sub-scales. Given what we think these scales mean, we have constructed a fifth sub-scale about entitlement. Also we have created a set of clinical dimensions we call the preoccupation scales. There are seven of these. While some parallels exist with the typologies, most provide a very different lens into the mind of sex addict.

We know this is a major iteration of the instrument and have termed it version SDI-R (3.0). I think you will see it as bringing the SDI up to a whole new level of usefulness. At first it will seem overwhelming. We have included a site map which describes the evolution of our research. We have also summarized each scale and elaborated on the new ones. An easy way to get your mind around the changes is to place the site map in front of you and read through the new scale definitions. Done that way you will see how the research is expanding the window of our understanding.

The patient print out will be much more descriptive because of the added complexity of the instrument. As we complete the data analysis at the end of this beta period, we will issue updates and more complete scale descriptions. Please take the time to walk through this and call if you have questions. We want to thank all the people who helped us with this.