

WELCOME

The original Sexual Dependency Inventory was created by Dr. Patrick Carnes as a means to help categorize the acting-out behaviors of the addict into one or more of the “Ten Types of Sex Addict.” This categorizing enabled the clinician to better outline a treatment strategy for the client, thus allowing for maximum recovery potential.

The *new* Sexual Dependency Inventory (SDI-R 3.0) is now an online assessment tool that allows patients to input their data online and also provides their therapists with a comprehensive report tailor-made for each patient.

With each test taken, the SDI-R generates historical information that will also yield a viable instrument with which to measure sexual behavior, as well as invaluable documentation to be included in the DSM-V.

ACKNOWLEDGEMENTS

Ventures such as this one rarely happen in a vacuum, and the SDI was no exception. Taking the Sexual Dependency Inventory from a written set of approximately 200 yes/no questions to a comprehensive online assessment instrument was a huge undertaking.

We wish to acknowledge the tremendous contribution by Dr. Brad Green of the University of Southern Mississippi, as well as that of his assistant, Isabel Niño de Guzman for their time and expertise in converting the inventory to an invaluable assessment tool. Thanks also go to Cory Preus for helping to put it all together in programming language. Finally, thanks to all those therapists who participated in the initial studies with their patients in order to allow us to “work out the bugs.”