SASH List of research resources in support of Sexual Addictions

Articles are listed in chronological order, oldest to newest.

The majority of the links provided open to an abstract of the paper, though some provide access to the full article. This depends on the availability, or not, of open source versions of the publication.

Studies are grouped into four themes to make them easier to navigate:

A. Neuroscience studies on Internet pornography users and those with Compulsive Sexual Behaviors
B. Literature reviews on Internet pornography addiction and Compulsive Sexual Behaviors
C. Studies reporting relationships between porn use or sex addiction and sexual dysfunctions, low libido, and decreased arousal to sexual stimuli
D. Studies reporting relationships between porn use and less sexual or relationship satisfaction

A. Neuroscience studies on Internet pornography users and those with Compulsive Sexual Behaviors

1. Preliminary investigation of the impulsive and neuroanatomical characteristics of compulsive sexual behavior (2009)
3. Pornographic picture processing interferes with working memory performance (2013)
5. Cybersex addiction: Experienced sexual arousal when watching pornography and not real-life sexual contacts makes the difference (2013)
8. Neural Correlates of Sexual Cue Reactivity in Individuals with and without Compulsive Sexual Behaviours (2014)
10. Cybersex addiction in heterosexual female users of internet pornography can be explained by gratification hypothesis (2014)


15. HPA axis dysregulation in men with hypersexual disorder (2015)

16. Symptoms of cybersex addiction can be linked to both approaching and avoiding pornographic stimuli: results from an analog sample of regular cybersex users (2015)

17. Getting stuck with pornography? Overuse or neglect of cybersex cues in a multitasking situation is related to symptoms of cybersex addiction (2015)


21. Exploring the Relationship between Sexual Compulsivity and Attentional Bias to Sex-Related Words in a Cohort of Sexually Active Individuals (2016)

22. Critique of Modulation of Late Positive Potentials by Sexual Images in Problem Users and Controls Inconsistent with "Porn Addiction" (2016)


B. Literature reviews on Internet pornography addiction and Compulsive Sexual Behaviors


5. Should compulsive sexual behavior be considered an addiction? (2016)
10. Integrating psychological and neurobiological considerations regarding the development and maintenance of specific Internet-use disorders: An Interaction of Person-Affect-Cognition-Execution model (2016)

C. Studies reporting relationships between porn use or sex addiction and sexual dysfunctions, low libido, and decreased arousal to sexual stimuli

1. The Dual Control Model - The Role Of Sexual Inhibition & Excitation In Sexual Arousal And Behavior (2007)
2. Use of pornography in a random sample of Norwegian heterosexual couples (2009)
3. Unusual masturbatory practice as an etiological factor in the diagnosis and treatment of sexual dysfunction in young men (2014)
4. Neural Correlates of Sexual Cue Reactivity in Individuals with and without Compulsive Sexual Behaviours (2014)
11. (Critique of) Modulation of Late Positive Potentials by Sexual Images in Problem Users and Controls Inconsistent with "Porn Addiction" (2015)
14. The effects of sexually explicit material use on romantic relationship dynamics (2016)


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**D. Studies reporting relationships between porn use and less sexual or relationship satisfaction**

1. **Pornography’s Impact on Sexual Satisfaction (1988)**
2. **Men’s leisure and women’s lives: The impact of pornography on women (1999)**
3. **Adult Social Bonds and Use of Internet Pornography (2004)**
4. **Sex in America Online: An Exploration of Sex, Marital Status, and Sexual Identity in Internet Sex Seeking and Its Impacts (2008)**
5. **Adolescents’ Exposure to Sexually Explicit Internet Material and Sexual Satisfaction: A Longitudinal Study (2009)**
7. **Sexual media use and relational satisfaction in heterosexual couples (2010)**
9. **Sexual media use and relational satisfaction in heterosexual couples (2011)**
11. **Individuals who never viewed SEM reported higher relationship quality on all indices than those who viewed SEM alone (2011)**
12. **Associations between young adults’ use of sexually explicit materials and their sexual preferences, behaviors, and satisfaction (2011)**
13. **A Love That Doesn’t Last: Pornography Consumption and Weakened Commitment to One’s Romantic Partner (2012)**
14. **Young Adult Women’s Reports of Their Male Romantic Partner’s Pornography Use as a Correlate of Their Self-Esteem, Relationship Quality, and Sexual Satisfaction (2012)**
15. **Pornography use: who uses it and how it is associated with couple outcomes (2013)**
16. **Pornography and Marriage (2014)**
17. **Psychological, Relational, and Sexual Correlates of Pornography Use on Young Adult Heterosexual Men in Romantic Relationships (2014)**
18. **Associations between relational sexual behaviour, pornography use, and pornography acceptance among US college students (2014)**


23. Relationship of love and marital satisfaction with pornography among married university students in Birjand, Iran (2015)


27. From Bad to Worse? Pornography Consumption, Spousal Religiosity, Gender, and Marital Quality (2016)

28. Sexually explicit media use and relationship satisfaction a moderating role of emotional intimacy? (2016)

29. Effect of soft core pornography on female sexuality (2016)

30. Internet Pornography Consumption and Relationship Commitment of Filipino Married Individuals (2016)


33. The effects of sexually explicit material use on romantic relationship dynamics (2016)


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